

WHERE YOU'RE GOING



SIMPLY ITALY 35 TO 45

15 DAYS

Welcome to 15 days of pure Italian travel immersion with your squad of awesome 35-45 year old travellers. Covering Rome, Florence, Milan, Venice and beyond, this one brings you the blissful best of this soul-stirring country. Explore Rome's historical highlights, travel through the streets of Michelangelo's Florence, indulge in some authentic pasta on the Amalfi Coast. Stop by to see the stooping slopes of Sorrento in the breezy winter or the picture perfect Positano for your summery soul. And that's just an aperitivo. Beauty, romance and all the pasta you can fit in; the good life just got even better. That's amore!

ITINERARY

DAY 1

START ROME

Rome

Welcome to Rome! Once known as the 'capital of the world' this richly historic, passionate and elegant city will steal our hearts as soon as we arrive. We'll meet and greet our Contiki crew, before taking to the streets for an included Italian feast. After dinner we'll head on an orientation tour of the city ticking off all the sights in Rome.

Meals

Dinner

Included Experiences

- Tour Rome on Foot
- Dinner at La Trattoria de Gli Amici MAKE TRAVEL MATTER ® Experience

ITINERARY

DAY 2

ROME TO FLORENCE VIA SIENA

Rome

Rise and shine, we're headed to another historical heavyweight today...

Siena

...but not before stopping off at Siena for lunch. This place has medieval masterpieces (the historic city centre is a UNESCO World Heritage Site too!). So, soak up all that historic beauty & grab a bite before we head onto Florence.

Florence

This beautiful city is a certified foodie capital, so we're diving straight into an included feast of local delicacies. Then it's lights out, with dreams of tomorrow's Florentine adventures dancing in our heads.

Meals

Breakfast

Included Experiences

- Get to know Siena

ITINERARY

DAY 3

FLORENCE

Florence

Florence is basically a giant open-air museum, and today we're hitting it on foot. With a Local Guide, we'll check out Giotto's Bell Tower, Basilica Santa Croce, Piazza della Signoria, and the epic Duomo. Tonight, it's all about an optional Tuscan evening with a risotto demo, local wine, antipasto, and some 'dolce' to finish.

Meals

Breakfast

Included Experiences

- Florence Walking Tour

OPTIONAL EXPERIENCES:

Tuscan Risotto Evening -

Wind down with an aperitivo & take in the scenery of the Tuscan hills. Learn how to make risotto with the chef & indulge in wine from the Chianti region. In true Italian fashion, our warm hosts will load your table with a feast of antipasto, followed by a house speciality & something 'dolce' for dessert.

Price: 60.00 EUR

ITINERARY

DAY 4

FLORENCE TO CINQUE TERRE VIA PISA AND LUCCA

Florence

Farewell, Florence. We'll never forget you. But we've got more dreamy Italian hot spots to hit up.

Pisa

We can't be this way of the world without a sneaky visit to the Leaning Tower of Pisa. Depriving you of the chance to perfect the holding-up-the-tower shot would be criminal.

Lucca

Another stopover will let us check out lovely Lucca, with its charming piazzas, Renaissance architecture and historic cafes. Opt for wines at the local vineyards outside of Lucca. Or it's a perfect spot to grab a bite before we hit the road again.

Cinque Terre

Welcome to the Italian Riviera! You're going to fall head over heels with this region over the coming days...

Meals

Breakfast

Included Experiences

- Visit Pisa (for that Epic Selfie)
- Explore Lucca

OPTIONAL EXPERIENCES:

Lucca Wine Tasting -

Visit the Fattoria Al Dotto winery outside Lucca and taste local wines accompanied with a delicious platter of snacks.

Price: 33.00 EUR

ITINERARY

DAY 5

CINQUE TERRE

Cinque Terre

Cinque Terre isn't one town, it's five coastal gems, each with its own vibe and postcard views. We'll sort you out with an unlimited hike & train pass. Which means you can cliff-walk, station-hop, and soak up pastel perfection all day long.

Meals

Breakfast

Included Experiences

- Explore Cinque Terre

ITINERARY

DAY 6

CINQUE TERRE TO MILAN VIA COMO

Cinque Terre

This morning, we're hitting the road today to one of the most elegant cities in Europe.

Como

Before that, a quick stop to experience the glitz and glamour of Lake Como. The showstopper is the lake itself, of course, and you'll also have the option to get out on the water for a cruise.

Milan

Welcome to Milan – all style, all sass. Tonight's free for you to chase down the best eats, sip on local flavours, and see where the night takes you. Your Trip Manager's got the inside scoop on the must-dos.

Meals

Breakfast

OPTIONAL EXPERIENCES:

Lake Como Cruise -

Hop on a ferry for a scenic, round trip of Lake Como situated at the foothills of the Italian Dolomites.

Price: 14.00 EUR

ITINERARY

DAY 7

MILAN TO TREVISO VIA VERONA

Milan

The dreamy destinations just don't stop coming...

Verona

Welcome to Verona – Renaissance romance central and the real-life stage for Shakespeare's Romeo & Juliet. We'll swing by Juliet's house (yep, the actual one!), then it's off to our next dose of Italian romance.

Treviso

Ciao Treviso. This low-key charmer is basically Venice's relaxed cousin. Tonight's free for you to wander cobbled streets, feast on local bites, and maybe hunt down the OG tiramisu (yep, it was born here). Tomorrow, we take on the real Venice.

Meals

Breakfast

Included Experiences

- See Juliet's House

OPTIONAL EXPERIENCES:

Traditional Tastes of Treviso -

Eating the Treviso way - our local expert will take you bar hopping, sampling the local cuisine & wines at a host of locations off the beaten track. Get a real insight in to local life & the flavours of Treviso.

Price: 48.00 EUR

ITINERARY

DAY 8

TREVISO (INCLUDING VENICE)

Treviso

Wake-up sleeping beauties! Hop onto our coach because we've got the entire day to explore Venice.

Venice

We'll be jumping aboard our own private boat and crossing the canal en route to the historical heart of the city. A gondola ride will be up for grabs, or if you wanna escape the crowds, there's also an optional Burano Island Cruise that you'll love. Or you can always choose to get lost on your own and see where the maze takes you.

Treviso

Our day ends where it started in Treviso, where it's time to tuck in for tomorrow.

Meals

Breakfast

Included Experiences

- Cruise on a Motoscafo to Venice

OPTIONAL EXPERIENCES:

Gondolas -

See Venice from the canals in a gondola. From magnificent palazzi in the distance to the locals' laundry strung across the backwaters, Venice's charm gets you at every turn.

Price: 29.00 EUR

Burano Island Cruise & Dinner -

Cruise across the lagoon to the UNESCO fisherman's island of Burano. Snap pics of the streetscapes as we head to a local restaurant where we'll enjoy a traditional feast.

Price: 70.00 EUR

ITINERARY

DAY 9

TREVISO TO ROME VIA BOLOGNA

Treviso

See ya, Venice. You'll always have a piece of our hearts. Today we're headed back to Rome with a delicious lil' stop on the way.

Bologna

Home of prosciutto, mortadella, bolognese sauce and many more tasty Italian delights, Bologna is known far and wide as La Grassa (the Fat One). Come hungry, but make sure you're not too full to explore the UNESCO listed porticoes either.

Rome

It's a free night for dinner and a chance to dine on a wholesome meal in a converted underground wine cellar. All washed down with some fine Italian wine? If you say so.

Meals

Breakfast

OPTIONAL EXPERIENCES:

Dinner La Dolce Vita -

Tonight, do as the Romans do! Besides delicious Italian food & wine, tonight's dinner is all about atmosphere – complete with live music & traditional Italian songs.

Price: 46.00 EUR

ITINERARY

DAY 10

ROME

Rome

Rome wasn't built in a day - so get up and get going early to make the most of this ancient city. Take a tour of the famous Colosseum and walk in the footsteps of Emperors and Gladiators with a guide, or snap epic selfies against a background of pink azaleas by the entrance. This is also the day to do a bit of your own exploring. Tonight, we'll regroup for an included dinner.

Meals

Breakfast, Dinner

Included Experiences

- Emperors & Gladiators inc Colosseum

ITINERARY

DAY 11

ROME TO NAPLES

Rome

Today we're headed to another richly historical and cultural city, known for its naturally beautiful sights and excellent cuisine.

Pompeii

Here in the ancient city of Pompeii, you'll have the option to partake in a guided walking tour of the fascinating ancient Roman town that was destroyed by Vesuvius (and then perfectly preserved in volcanic ash!).

Naples

Hello Naples! We'll settle down in our beautiful hotel (that's just a few mins from the historic city centre). Today we have the option to take a tour, learn about the city, its history and its food culture.

Meals

Breakfast

Included Experiences

- See Mount Vesuvius

OPTIONAL EXPERIENCES:

Guided Tour of Ancient Pompeii -

Turn back the clock and learn about Mt. Vesuvius' eruption & the ancient city of Pompeii. Our Local Guide will tell you about this once thriving city & the sites that were buried under volcanic ash. Explore the town's well-preserved neighbourhoods as well as the ruins of shops, houses & markets.

Price: 37.00 EUR

Naples Street Food Tour -

Enjoy some of the tastiest street foods in Naples as you take in the monuments of the historic centre with a local guide.

Price: 55.00 EUR

ITINERARY

DAY 12

NAPLES TO AMALFI COAST VIA CAPRI

Naples

Today we swap city vibes for coastal dreams, chasing some of Europe's most glamorous seascapes along the way.

Capri

Capri's up next – all dramatic cliffs, luxe cafés, and serious celeb energy. Join the optional cruise for swim stops in turquoise coves that'll have you feeling like you're in a movie.

Amalfi Coast

We'll roll into the Amalfi Coast after a day of pastel-perfect towns, sun-bleached buildings, and seas so sparkly they could blind you (in the best way).

Meals

Breakfast, Dinner

Included Experiences

- Day Trip to Capri

OPTIONAL EXPERIENCES:

Capri Island Cruise -

A fantastic day out on the water, with swim stops & great views of Capri's coastline.

Price: 35.00 EUR

ITINERARY

DAY 13

AMALFI COAST (INCLUDING POSITANO)

Amalfi Coast

We've got a free day on the Amalfi Coast! Lucky us. Plus, there's an optional visit to a lemon farm, run by a local family whose ancestors introduced the crop.

Positano

Dramatic cliffs and idyllic buildings await us in picturesque Positano. Amalfi's just getting started.

Amalfi Coast

Aaaand, we're here. You've got the entire evening for yourself. Roam the streets, taste some wine, live the Italian life we've all dreamed of.

Meals

Breakfast

Included Experiences

- Sail along the Amalfi Coast on a ferry, just like a local
- Visit Dramatic Positano

OPTIONAL EXPERIENCES:

Coastal Lemon Tour MAKE TRAVEL MATTER® Experience -

A millennia of volcanic eruptions from Mt. Vesuvius has made the Amalfi coast perfect for the production of fruits & vegetables. The best of all the bounty is the humble Lemon, for which this region is famed. Visit a local family farm whose ancestors were the first to introduce this crop all those centuries ago.

Price: 24.00 EUR

ITINERARY

DAY 14

AMALFI COAST TO ROME

Amalfi Coast

We're headed back to Rome today.

Rome

Back in Rome for more historic spots, foodie shops and photo ops. Today, you'll have the option to head out to a local restaurant and make (and eat) your very own pasta.

Meals

Breakfast

OPTIONAL EXPERIENCES:

Rome Pasta Cooking Class & Dinner -

It's time to cook like a true Italian. This unique cooking experience offers you the opportunity to learn how to make traditional pastas, then relax & indulge in your own creation. Learn, laugh, drink & most importantly, eat!

Price: 53.00 EUR

ITINERARY

DAY 15

END ROME

Rome

Hold our gelato. Our hearts are melting as we bid a final 'Ciao' to our Contiki crew after a trip we'll never forget.

Meals

Breakfast

ITINERARY

This document was last updated on 23 June 2026.

While all info is correct at the time of publication, occasionally details or timings may differ.

Looking for the latest updates? Check out [Contiki.com](https://contiki.com) or speak to your Trip Manager.